

iN Touch @Frontier



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ANNOUNCEMENTS

School Security

In the wake of heightened security concerns here and abroad, our school has enhanced several security measures. These include implementation of color-coded passes for different visitors to the school and installation of additional closed-circuit television cameras. All staff have also been reminded to be more vigilant when sighting strangers within the school compounds. We seek your cooperation in making our school a safe place for their learning. We trust that our collective efforts will ensure that pupils' safety & well-being is taken care of in and outside of the school.

Road Safety

We need to take ownership for creating and maintaining a safe learning environment. While the school remains among the safest place for our pupils, the occurrence of traffic accident within or in the immediate vicinity of the school is one accident too many. We seek your cooperation to work with the school in ensuring the safety of pupils coming into and leaving the school. Please help reinforce correct road safety behaviour such as using pedestrian crossings and avoid jaywalking while crossing the roads.

At A Glance

- ◆ **Announcements**
 - * **School Security & Road Safety**
 - * **New School Uniform Vendor**

- ◆ **Upcoming Events**
 - * **Racial Harmony Day cum Hari Raya Celebration**
 - * **SGEM @Frontier**
 - * **Frontier's 1st Super Speller Competition**
 - * **National Day Celebration cum Lower Primary Games Day**
 - * **Appreciation Day**
 - * **P1 to P5 Experiential Day in Semester 2**

- ◆ **ICT Matters**
- ◆ **Looking Back**
- ◆ **Schoolbag**
- ◆ **Heart to Heart**

Do you have any feedback or ideas for iN Touch?

Do let us know on our website at <http://www.frontierpri.moe.edu.sg/our-stakeholders/iN-Touch-feedback-form>

You can also view our past issues at <http://www.frontierpri.moe.edu.sg/our-stakeholders/iN-Touchfrontier>

Confident Thinkers • Adaptable Individuals • Passionate Leaders
Make A Difference • Be The Difference



ANNOUNCEMENTS

New School Uniform Vendor

The school's contract with our previous uniform supplier, Asencio Pte Ltd has expired. With effect from Friday, 1 July 2016, our school uniform supplier is Shanghai School Uniform Pte Ltd.

Prices of the uniform have been kept comparable to prices offered by the previous supplier. Parents and pupils can continue to make their purchases at school on the **last Wednesday of every month from 2-5 pm**.

All pupils are reminded that they should be dressed in clean uniform with name tags displayed at all times in accordance to the school rules.



UPCOMING EVENTS

Racial Harmony Day cum Hari Raya Celebration

Racial Harmony Day serves to remind our pupils that social division will cost us dearly and that race and religion are potential faultlines in Singapore society. It is a day for schools to reflect on and celebrate our success as a harmonious nation and society built on a rich diversity of cultures and heritages.

Primary pupils must learn to make friends with and empathise with others of different races and religions. Pupils should also learn that in Singapore, people are treated equally regardless of their race and religion and appreciate the different cultures that make up Singapore.

In Frontier, we will be commemorating Racial Harmony Day on **Monday, 18 July 2016**. This year, the theme for Racial Harmony Day is ***Our Cultural Heritage***.

To mark the end of the fasting month, we will also be having our Hari Raya Celebrations on the same day. There will be an assembly programme which will include a mass dance. **All pupils are encouraged to be dressed in their ethnic best with school shoes** when they come to school on that day. They are allowed to wear the costumes for the whole day during curriculum time. However, **classes having PE lessons on that day will have to change into their PE attire**. There will also be traditional snacks to be sampled by the pupils during their recesses.

In addition, Frontierers will be having Social Studies, Physical Education, Art, Music and Mother Tongue lessons during the week which will provide them with opportunities to learn about their fellow Singaporeans' cultures, learn to treat others with respect regardless of their race and religion, and appreciate the different ethnicities that make up Singapore.



UPCOMING EVENTS

Speak Good English Movement (SGEM @ Frontier)

The school will be commemorating the Speak Good English Movement from **1 to 5 August 2016** to encourage pupils to speak grammatically correct English that is universally understood. We hope that the fun-filled activities will raise pupils' awareness regarding the importance of speaking Standard English, and promote its usage.

We will be having the following activities during English Language lessons, at the school canteen and English Corner. The students can visit any of the stations during recess for an engaging learning experience. Do spend some time with your child/ward to complete the parent and pupil task.

English Lesson Activity – “Spot the English”

The English Language teacher will be going through examples of everyday signage around the world to spot errors.

Activity Stations at Canteen

Station 1: Tongue Twisters / Haiku

Station 2: Memory Game

Station 3: Taboo

Station 4: iPad games

Book Fair at the Canteen

There will a book fair on **2 and 3 August 2016**. A list of book titles will be given to your child/ward. The pupils can purchase these books from the book vendor at the canteen.

Book Character Day on Friday, 5 August 2016

We encourage our pupils to come to school **dressed as their favourite book characters** on **Friday, 5 August 2016**. They should not buy their costumes but can put their costumes together using their creativity and effort. Pupils can go to the English corner during recess to share about their book characters. **Pupils must wear their school shoes and change into their PE attire if they have PE or SCCA lessons on this day.**

Parent-Child Activity

Make it Right! Tick (✓) the correct sentence.

Qn 1: Wrong: Return the book back to the library.

(A) Return the book to the library.

(B) Return back the book to the library.

Qn 2: WRONG: Why you so late?

(A) Why you are so late?

(B) Why are you so late?

Answers: A, B

Thank you for your support in the holistic education of your child.



UPCOMING EVENTS

Frontier's 1st Super Speller Competition

The English Language Department is organising a Super Spellers Competition for P1-5 pupils. The objectives of this competition are to:

- **encourage pupils to explore and study the English Language and its roots,**
- **promote speed and accuracy in pupils' spelling of words, and**
- **provide an opportunity for pupils to compete with their peers in a friendly and fun setting.**

We have carried out an assembly programme to share some strategies for learning spelling and briefed the pupils on details of the competition.

This is the summary of activities for this Competition:

When	What
T3 Week 3	Assembly Programme for Super Speller Competition Spelling List for Round 1 Super Speller Competition has been given to pupils
T3 Week 4	Round 1 of Super Speller Competition
T3 Week 5	Round 2 of Super Speller Competition <i>(no spelling list will be given for this round)</i>
T3 Week 6	Round 3 of Super Speller Competition <i>(no spelling list will be given for this round)</i>

We will be giving prizes to the Top 3 winners of each level. We strongly encourage all pupils to take part in this competition and hope the pupils will enjoy learning spelling through this activity as well as apply some of the strategies we have shared.





UPCOMING EVENTS

National Day Celebration cum Lower Primary Games Day

National Day Celebration 2016 – ‘Building Our Singapore of Tomorrow’



Date: 8th August 2016 (Monday)

Timing: 0720 hrs to 1000 hrs (early dismissal; no recess)

Attire: All pupils are encouraged to be dressed in red T-shirts, white/school shorts and black school shoes

Note: 9th August is a public holiday and 10th August is a school holiday; hence pupils are to report to school on 11th August (Thursday).

Lower Primary Games Day (P1 and P2 only)

Our first Frontier Lower Primary Games Day will be held in conjunction with the school's National Day Celebration on **Monday, 8 August 2016**. This year, all P1 and P2 pupils will participate for the first time, in an event exclusive to the lower primary pupils in the form of relay races. They will be competing against one another in a fun and competitive setting. The relay events are designed to allow pupils to demonstrate both fundamental and manipulative skills learnt during PE lessons.

Pupils are reminded to bring along their water bottles for the day. Dismissal will be at the same time with the rest of the school, **at 10.00 a.m.**





UPCOMING EVENTS

Appreciation Day

In Frontier, we value all our staff, and that includes our Non-Teaching staff (NTS). We have celebrated *Appreciation Day* – a day we dedicate to our NTS - every year since we started in 2012. This year's Appreciation Day will be celebrated on **Monday, 22 August 2016**.

Appreciation Day is a special day on which we show our gratitude to our support staff that includes the office administrative staff, OSOs, canteen vendors, security guards, dental nurse, bookshop vendor, Allied Educators, contract cleaners and more who have made our school a wonderful and conducive place for the pupils to study and play in.

We would like to encourage every pupil to contribute a *halal food item which they would like to give to our NTS as a token of their appreciation. These food items are to be handed to the Form Teachers **between 25 July and 12 August 2016**. Pupils will wrap these food items into a class hamper which will be presented to our NTS on 22 August 2016.

Through these efforts, we hope to build our pupils' empathy and learn how to show appreciation for others.

We would like to thank you in advance for teaching our young Frontierers to appreciate all staff in Frontier who make every school day a meaningful, clean and cheerful one.

Examples of halal food items that can be contributed include biscuits, chips, sachets of beverages etc. Food items **must have the halal sign printed on it. Please do not contribute easily perishable items and food items should have at least six months to expiry date.*

P1 to P5 Experiential Day in Semester 2

The school believes strongly in providing all our pupils with an experiential approach to their learning and has dedicated 2 days in the year for this purpose. For our second Experiential Day on **Friday, 19 August 2016** the P1 and P4 pupils will be heading for their respective learning journeys while the P2, P3 and P5 pupils will be involved in engaging activities to be conducted at school. School hours will be as usual on that day for all pupils. Letters for the respective levels will be issued closer to the date. No CCA or SCCA have been scheduled for that day.

The level programmes are as follows:

Primary 1— Learning Journey to Our Neighbourhood

Primary 2— danceFront

Primary 3— Camp Vista

Primary 4— Learning Journey to the Farm

Primary 5— Sports Exposure and Career Guidance Programmes



ICT MATTERS

Parents - are you worried or curious about what your children are doing online when you are not at home to keep an eye on them? Have you wondered if they might be having online problems or being cyber-bullied? Don't worry! There is a mobile application that can help you to understand more about your children's online world so that you can pick up any potential issues that your children may be facing.

NotAnoobie is a mobile application developed by Singtel and TOUCH Cyber Wellness for parents to better understand the pros and cons of the digital space that your children are engaging in. With this app, you will be equipped with the knowledge to educate and guide your children to be responsible internet users, as well as provide guidance for your children on how to protect themselves from possible online dangers.



Through this app, parents can understand and follow cyber-related developments and issues such as gaming, mobile technology and device addiction, social media dos and don'ts, as well as identifying and stopping cyber bullying, inappropriate content and protecting personal privacy online. The application contains articles, reviews, success stories, quizzes and daily tips.

NotAnoobie is a free app that can be downloaded on both iOS and Android platform. It is available in both English and Chinese.

Adapted from: <http://notanoobie.com.sg/>



LOOKING BACK

Special Video Blog

You may have heard from our young Frontiersers about **Cyberwellness Week**. In that week, we had built a sense of awareness of online issues in our children. This will equip them with some management strategies so that they know how to navigate the cyberspace and avoid potential pitfalls. The activities are also fun! Have you ever wondered what Frontiersers actually do during the week? Well, wonder no more!

Do look out for this special blog entry which will be coming out soon! View our special video blog at <http://blog.frontierpri.net/>



Why volunteer at primary schools?

28 JUN 2016

Volunteering at school takes time, and time could be a scarce commodity for many parents. Why volunteer, and what should you consider before signing up? We speak to Mrs Jane Koe, the chairperson of Ngee Ann Primary's PSG.

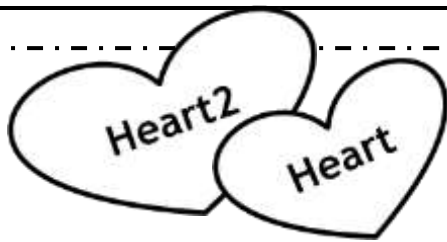


Why volunteer?

- 1. Improve family bonding** Being a parent volunteer goes beyond lending a helping hand to the school. A parent's active involvement in school activities can boost family bonding and values education at home. When parents volunteer, opportunities are created for them and their children to have conversations about school, teachers and peers. "The child may infer that his or her parents place great care and importance in the school and school programmes," explains Mrs Koe. Parents also get to know more about their child's life in school and the child senses the parent's interest and love. Parents are also their child's role models. Children learn social responsibility not just by talking about it; they pick up positive values as they watch their mums and dads give back to the community.
- 2. Learn from experience** The benefits of volunteering are not just for the children. Parent volunteers are constantly learning from one another as they contribute to the school, says Mrs Koe. The PSG members of Ngee Ann Primary keep in touch with each other to exchange news and knowledge on education and children. In addition, Mrs Koe tries to attend all events organised or initiated by the PSG to reach out to other members, especially parents who are new to volunteering. This way, she can help new volunteers learn more about the school and the PSG. Mrs Koe works closely with the school's leaders to address matters related to the PSG as well. "By associating with other parents, and the school principal and teachers, I learn and upgrade myself on education in general. I can understand and better appreciate the work of our teachers," she shares.
- 3. The joy of giving back** For Mrs Koe, being a parent volunteer has been enjoyable, and she hopes to continue sharing her experiences with her younger counterparts. She has been serving at Ngee Ann Primary since 1995. Her three children have long graduated from the school, but she continues to contribute. "I hope to continue to support and mentor our young parents and to encourage more parents to be involved in school programmes and activities by tapping on their knowledge and expertise," she says.

Considerations before volunteering *Volunteers can contribute in different ways, and the key is how one can do his or her part while balancing it with other commitments.*

- 1. Discuss it with your child** If the parent has a child who is currently studying in the school, they should discuss with their kids about their participation before signing up, says Mrs Koe.
- 2. Time** Determine how much time you can offer and look for a matching opportunity.
- 3. Find out about the school's needs** Parents should also first find out if there is a match between the needs of the school, and the skills and resources the parent can offer. This helps to ensure that the school's and parent's expectations are met.



Family workout helps bonding

Exercising together helps promote interaction and forge kinship. A family that exercises together, stays together, it seems.



While exercising alone has many benefits – it can protect people from a host of diseases, including heart disease, and help them to look and feel good – exercising together helps a family to bond.

Dr Chiam Tut Fu, a sports medicine physician at Sportsmed Central, said that family exercise promotes interaction in a focused manner as there is little distraction from other activities during the workout. Dr Tan Jee Lim, a consultant orthopaedic sports surgeon at JL Sports Medicine & Surgery, said that kinship is forged when family members help each other out in team sports. Besides creating strong bonds, Dr Chiam said exercising together encourages otherwise inactive family members to engage in physical exercise. It also serves as a helpful respite from a hectic schedule, he added.

Exercise, whether done alone or together as a family, should be performed two to five times a week for 20 minutes each time and at a moderate intensity for maximum health benefits, he said. At moderate intensity, a person will feel the exertion but is still able to engage in simple conversation. He or she should not be out of breath.

Health website WebMD has these tips for getting everyone in the family up and moving together.

- **Take short walks.** If everyone is busy, walking may be the easiest group activity as no equipment is needed.

A 2008 study published in *Medicine And Science In Sports And Exercise* reported that walking for at least 30 minutes a day at moderate intensity can lower the risk of obesity and heart disease. Walks can be made fun by varying the pace of walking and throwing in short jogs at times, said Dr Chiam. Scavenger hunts can keep the children from being bored. For example, WebMD suggests having a list of “treasures” to find along the way, like spotting a black dog or a blue house.

- **Play team sports.** Team sports like catch frisbee or basketball help to keep one’s heart healthy because they are aerobic in nature, said Dr Chiam.

Aerobic or cardiovascular exercise includes physical activity that increases your heart rate and keeps it higher for a certain period of time. A person doing regular aerobic exercise may see improvements in blood sugar control, cholesterol levels and weight management.

Teamwork should ideally be incorporated into the exercises to increase the fun and interaction. For example, have members of the family form teams against one another. This can easily be done in a basketball game, said Dr Chiam.