

# IN-TOUCH @ FRONTIER

[www.frontierpri.moe.edu.sg](http://www.frontierpri.moe.edu.sg)

March 2014



## Advisory Note for Primary 1 Pupils on the use of School Smartcard

The School Smartcard has been issued to all Primary 1 pupils through their Form Teachers.

The School Smart Card (SSC) serves as a stored value card for concessionary travel on buses and MRT. The SSC is issued to all mainstream students in primary schools funded by MOE. The SSC is valid for 6 years for primary levels. In other words, pupils only need to make the SSC in Primary 1. SSCs are printed centrally by the Ministry of Education.

In the event that the SCC is lost, the student should report the loss of the SCC by calling TransitLink Hotline at 1800-CALL ONE (1800-2255663). For replacement of lost, damaged (not due to technical fault) cards, students should go directly to any of the following TransitLink Concession Card Replacement Offices (CCRO): Choa Chu Kang Bus Interchange/ Hougang Central Bus Interchange /Jurong East Bus Interchange/ Pasir Ris Bus Interchange/ Ang Mo Kio Hub Bus Interchange/ Tiong Bahru MRT Station.

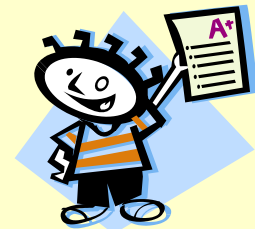
## Early dismissal on MOE Excel Fest

The staff of Frontier Primary School will be participating in the MOE ExCEL Fest 2014 (for MOE staff only) as one of our learning and development programmes on Friday, 11 April 2014. **Pupils will be dismissed earlier at 12pm on 11 April 2014.** Please make the necessary transport and dismissal arrangement for your child.



## Science Assessment for P3 pupils

Please be informed that the Primary 3 pupils will be sitting for Science paper during Semestral Assessment 1 in Term 2, Continual Assessment in Term 3 and Semestral Assessment 2 in Term 4. The details which include topic coverage will be shared separately in a letter to parents.



Do you have any feedback or ideas for In-Touch?

Do let us know on our website at 'Our Stakeholders' → 'In-Touch@Frontier'.

You can also view our past issues at the same address.

## International Friendship Day

International Friendship Day which falls on 4 April this year is a day dedicated to understanding Singapore's relations with neighbouring countries and beyond. The theme for the International Friendship Day 2014 is "Stories We Share".

In Frontier, our school's focus for the year will be on four countries – Indonesia, Vietnam, Canada and the United States of America. On this occasion, our pupils will learn about and appreciate their cultures through an assembly programme and special recess menu.

On 4 April (Friday), our school canteen vendors will be selling the following **set meals (which will include a serving of fruit) at the cost of \$1.20.**

The menu\* is as follows:

Stall "Sweet Corn"	Stall "Fresh Cabbage"	Stall "French Beans"	Snack Corner
Indonesian Food (Halal)	Vietnamese Food (Non-Halal)	Western Food (Halal)	Snacks from Indonesia, Vietnam, USA & Canada (for sampling only; limited quantity available)
Bakso Bee Hoon	Vietnamese Spring Roll (fresh & fried)	Mushroom Soup and Toast	
Gado Gado	Pho (noodle soup)	Tomato Sauce Spaghetti	
Fried Rice with Crackers		Grilled Buffalo Wings (chicken wings)	

\*Menu is subjected to changes based on the availability of ingredients.

In addition to the exciting day, our pupils will also be having Social Studies, Physical Education, Art and Music lessons related the four countries throughout the International Friendship Week.

We hope that our young Frontierers will learn to understand the interconnectedness of the world today and possess a global outlook despite their tender age and yet remain rooted to Singapore.



## Workshops for Parents

Parents, as partners of the school, play an important role in the education of our children.

Effective communication is crucial in building the quality relationships needed to achieve the best outcomes for children.

Do sign up for the following workshops, conducted in conjunction with MOE ExCEL Fest 2014, if you are interested.

Workshop	Details
<p>COMPASS Speaker Series (Malay) @ ExCEL Fest 2014</p> <p><i>Parents conversant in Malay are encouraged to attend!</i></p>	<p><b>Title: COMPASS Speaker Series –</b> Bagaikan Aur Dengan Tebing: Membina Hubungan Simbiotik Dalam Pendidikan Anak-anak (<i>Building a Symbiotic Relationship in Your Child's Education</i>)</p> <p>Further details can found at <a href="http://goo.gl/yVuozC">http://goo.gl/yVuozC</a></p> <p><b>Date:</b> 12 April (Sat)</p> <p><b>Time:</b> 14:15 – 15:30</p> <p><b>Synopsis:</b> COMPASS Speaker Series presents its very first vernacular session in Bahasa Melayu. The speaker will be sharing tips on starting a healthy relationship between parents and children, which would lead to happier children.</p>



Forum Theatre @ ExCEL  
Fest 2014

**Title:** Re:ACT for Change: Parenting your Teen

Further details can be found at <http://goo.gl/w32bsS>

**Date:** 12 April (Sat)

**Time:** (Run 1) 14:15 – 15:30  
(Run 2) 16:00 – 17:15

**Synopsis:** Parents often lament the difficulty in communicating with their teens, who may challenge instructions, reject advice and sometimes, display rude and disrespectful behaviour. *Parents can explore parent-teen issues in an entertaining and meaningful way through Forum Theatre!*

## Parent-Teachers Meet

Please note Frontier Primary will be engaging all parents and/or guardians through an annual Parent Teachers Meet on the **30 May 2014**. The session is planned for individualized conferencing on the holistic development of your child. As we believe it will be necessary for us to engage you in the nurturing of your child, we would like all parents/guardians to make time to attend it. Further details on the event will be provided in the near future.

## Safety during School Dismissal

We take safety seriously in the school. At dismissal, teachers guide the P1 and P2 pupils to their respective dismissal points and only release the children when the latter are able to identify their caregivers who have come to pick them up. We have also advised the children that should their caregivers fail to turn up or are late, they should let their teachers know so that the school can provide the necessary support.

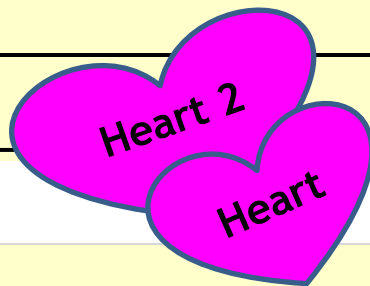
For the P3, we have begun to release the pupils from the classroom blocks. As the P3 children are now older and more mature, we want the P3 pupils to take responsibility for their own movement to the dismissal points. Should they need any assistance, the teachers are at the dismissal points to render the necessary support. Do communicate clearly with your child should there be any change of arrangements to facilitate dismissal.

## Punctuality in Character Education

Frontier believes in imparting the desired values and character traits to enable our children to develop into concerned and responsible citizens. We emphasize on adherence to discipline and responsible practices to instil the lifeskills our children need to succeed in future. One such area of focus is punctuality in reporting to school. **All Frontiers are expected to be at the assembly area by 7.45am every morning** so that they will be in time for our meaningful and interesting pre-assembly programmes which run till 8 am.

Please note that we will be noting pupils who come in to school past 7.45 am daily. Persistent latecomers i.e. late for three instances will be issued an Advisory Notice from the school to inform you of your child's lapse in adherence to the school's expectations on punctuality. While latecoming is not a disciplinary offence, we seek your understanding that we want the children to learn the right values of being punctual and disciplined. Your cooperation to ensure your child is in school punctually every morning is greatly valued. Hand in hand, we will be able to develop your child's potential to its fullest.

## Heart to Heart



### Apple Pies in 3 minutes!

Graham Crackers  
 Light cream cheese  
 2 apples  
 1 teaspoon sugar  
 1/2 teaspoon cinnamon  
 1 teaspoon brown sugar.

Chop our apples into tiny pieces and placed in a bowl.

Then, sprinkle the sugars and cinnamon over the apples.

Next, microwave the apples for 1 minute.

After a minute, take the apples out and stir them.

Then, put the apples back in the microwave for 1 more minute.

Following that, scoop the chopped/cooked apples onto a graham cracker with cream cheese spread on TOP.

Finally, add a tiny bit of caramel and chocolate, but that is totally optional!



*Recipe adapted from Super Healthy Kids*

## Healthy Wealthy and Wise Tip for March



### **Sleep**

Sleep is very important to all living beings. It helps our bodies to recharge and helps our minds to relax after a busy day. During sleep, our bodies repair any injuries we sustained in the day and grow new cells for our body. School going children should get between 9-10 hours of sleep nightly.

The following tips will help your child fall asleep, stay asleep and develop good sleeping habits.

#### ✓ **Stick to a routine.**

A bath, pyjamas, brushing teeth and a few pages from a book -- whatever your nighttime ritual is, be sure to stick to it consistently so that your child knows what to expect and can easily move through every phase efficiently each night.

Your child's bed time and wake up time should be about the same every day of the week, regardless if it is a school day or not.

#### ✓ **Keep your child's bedroom comfortable for sleeping.**

Bedrooms that are quiet, dark and cool are optimal for a good night's rest.

It is fine to allow security objects, such as a special blanket or stuffed animal, to be a part of the bedtime routine. Use the bedroom for quiet time and sleeping only; do not use the bedroom for time outs or as a room to send your child for punishment. The bedroom needs to be associated with positive feelings, not negative ones. In your final interaction of the evening, give a hug or a kiss, say goodnight to your child, turn off your child's bedroom light, and leave the room.

The final interaction should be predictable, deliberate, brief and yet sufficiently warm and reassuring to your child. Support bed time by keeping the rest of the house quiet and relatively dark.

#### ✓ **Limit the electronic stimulants.**

#### ✓ **Avoid caffeinated products.**

Before bedtime every night, allow your child to set aside up to 1 hour for calm, enjoyable activities, such as listening to quiet music or reading a book.

TV watching, heavy homework, or computer gaming should NOT be part of quiet time.

Don't let your child use the computer, watch TV or consume caffeinated products such as coffee at least an hour before bedtime. These activities can be stimulating, and can interfere with falling and staying asleep.

## Official School Opening

We would like to thank all the parents and pupils who have worked to prepare for the school's official opening on 25 April 2014. Parents and children have been working hard with our staff for our concert, publication and carnival. The official school opening logo has already been selected and will soon be unveiled at the occasion, which will be graced by Mr Cedric Foo, Member of Parliament and Adviser to Pioneer Grassroots Organisations. Do look out for more updates!