

IN-TOUCH @ FRONTIER

www.frontierpri.moe.edu.sg

November 2012



Language Publication

We are pleased to inform you that our very first language publication is well on its way. Over the months, our pupils have written numerous stories and essays on various platforms. Some of these writings have been selected and collated and they will be published both in print and on screen.

Each class will receive one copy of the publication and pupils will get to read them in class. To increase readership, the writings will also be displayed around the school compound. From next year onwards, pupils can also borrow the publication from our school library.

Do keep a lookout for the launch date of our E-book. It will be announced through our school website and Facebook Page. We will also feature some written work in our school blog. Thank you for your interest and support as we celebrate our pupils' achievements and success.



Opening of HEArts

In promoting an aesthetically vibrant environment and culture in Frontier, we have created an Arts Learning Space known as the **HEArts** (Hub Experience of the Arts). It serves as a platform to facilitate and encourage aesthetic learning, interactions and expressions. **HEArts** will be launched on 14 November 2012 by Mr Sng Chern Wei, Zonal Director Schools West

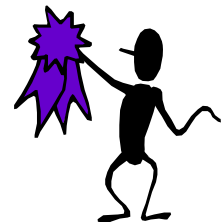
ECHA@FPS 2012 (Edusave CHaracter Award)

We are pleased to announce the names of the 4 awardees of ECHA@FPS. Congratulations! Thank you for being a role model to the rest of your fellow Frontiers.



Name of Pupil	Class
Dayna Ikshan Tan Shi En	1RY
Aletheia Yeo	1RT
Gia Bianca Napay Castillo	1CA
Chloe Yang Xin Hui	1JO

The pupils are not arranged in any order of merit.



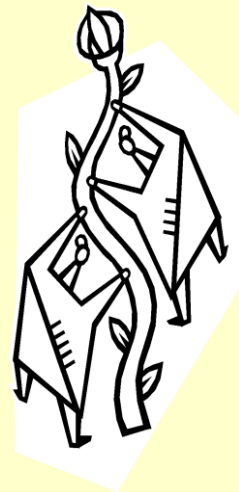
Frontier Kindness Month

This year's World Kindness Day campaign message is ***"There is always time to make someone's day!"*** National conference on kindness, Ambassador-at-large, Tommy Koh called on all Singaporeans to aspire to be kinder to all. To promote kindness, our school has carried out several activities.

- ❖ *Donation to the Sharity Envelope*
Pupils make donations to the community chest through "Sharity envelope" to share and show care to others.
- ❖ *Singapore Kindness Movement Skit*
The skit performance will show our pupils the importance of showing kindness through an interesting and enlivening way.
- ❖ *Frontier Kindness Pot Of Flowers*
Each pupil is given a Frontier Kindness Flower to decorate and write a kindness message. With these flowers, the pupils will place them in a pot to create their own class pots of kindness flowers. These eight pots of kindness flowers are placed in the class to remind pupils the importance of showing kindness to people around them.

Other Kindness Tips

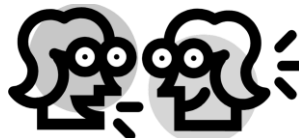
1. Say thank you
2. Make a card (or write a note) for someone to show appreciation
3. Give compliments
4. Hold the door open for others.
5. Give up your seat for someone in need, not just an elderly person.
6. Pick up rubbish lying around to keep the place clean and pleasant for others.
7. Help an elderly / others in need.
8. Tell all your family members how much you love and appreciate them.
9. Show care and concern to others.
10. Share your things with others.
11. **Smile a lot (Most Importantly!)**



singapore
kindness
movement

Parent's Survey

As Frontier Primary's first year draws to an end, we seek your inputs as parents of the pioneer batch of pupils. Your honest feedback will help us as we review this year's programmes and processes. Please access the online survey via the following link: <http://questionpro.com/t/AJYjQZOGYn> or simply scan this QR code which will directly bring you to the e-survey. Do note that the survey deadline is 16 November 2012 (Friday).





Staying healthy and active during school holidays

It is that time of the year again where pupils take a break from school to recuperate and rejuvenate the mind and body from all the hard work that was put into the school year. To help pupils through this process, it is important that they eat right and stay physically active so that they can come out of the holidays feeling fresh and ready to take on the next school year. Below are some eating and physical activities tips that pupils can follow during the long break.

Eating Well

It goes without saying that a well-balanced diet is the way to go. Pupils can always refer to the food pyramid as it is a great guideline to follow on what to consume more or less.

- Vegetables and fruits are rich in dietary fibre. The more colours there are on a plate of food, the better. Pupils can also be encouraged to have fruits as a dessert option after a good healthy meal.
- When eating out, always opt for food that is cooked with less sugar and salt.
- Choose smarter and healthier snack options such as sandwiches, low fat yoghurt, dried fruit or nuts.
- Hydrate yourself. Ensure that you drink plenty of fluids that are low in sugar and calorie.

Keeping Active

Keeping physically active helps pupils to stay away from being too sedentary during their rest period. Exercising 30 minutes a day can help the mind to stay alert. It is also an outlet for pupils to channel their energy into something that is productive. There is a myriad of indoor and outdoor physical activities which pupils can choose from. What's more, these activities can also promote fun family bonding time. Such activities include:

- | | |
|-----------------|--------------------|
| • Kite flying | • Beach activities |
| • Cycling | • Picnic |
| • Rollerblading | • Badminton |
| • Nature walk | • Yoga |
| • Gardening | • Bowling |
| • Fishing | • Wii games |

Of course, the list above is non-exhaustive. We hope that tips given can enrich the time spent during the holidays. Remember to stay healthy and active!



Safety Message

With the school holidays approaching, we have spoken to all children during assembly this morning about personal and physical safety. We have reminded pupils to take care of their belongings when they enjoy their holiday outings. This will prevent theft of valuables (eg. handphone, money etc) as well as important documents (eg EZ link). At the same time, they have been reminded to be alert in crowded places and to be discerning when strangers approach them. Lastly, we have reminded them to take responsibility for their physical safety and exercise good road safety habits. Parents can help us re-iterate these safety messages and remind them to practise ABC (Always Be Safe) in order to have an enjoyable holiday.

Calendar Term 4, Week 10

This is the latest update of the calendar of term 4 that we shared in the Sept issue of In-Touch.

Date	Activity/Programme	Remarks
12 Nov 2012	Eve of Deepavali Release of Report Book/Booklist	Hindu pupils may be granted half day. Please refer to letters given to pupils.
13 Nov 2012	Deepavali	Public Holiday
14 Nov 2012	Occupations Day	Year-end Concert Each pupil will be allocated 2 tickets for parents to attend. Because of the tight seating situation, only those with tickets would be allowed into the school.
15 Nov 2012	Return of Report Book to School Last Day of School	
16 Nov 2012	Special Meet the Parents Session* Learning Journey for Staff	* Only for invited parents Pupils do not need to attend school

This is a reminder that the last day of school for the pupils is 15 Nov 2012. Pupils will return to school on 2 Jan 2013.

Walk-in Purchase of Textbooks and Uniform

Sales of books and uniform for P2 in the school bookshop are as follows:

Nov: 22nd, 23rd, 24th, 26th, 27th, 28th

Dec: 6th, 7th, 8th

Time: 9am to 3pm (weekdays)

9am to 12:30pm (Sat and Eve of Public Holidays)

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Acknowledgement of *In-Touch@Frontier* November 2012

I, parent of _____ of Primary _____, acknowledge receipt and have noted the contents in this November issue of *In-Touch@Frontier*.

Name of Parent: _____

Signature and Date _____