

February 2017



ANNOUNCEMENTS

Health Screening

The School Health Services will be conducting its annual health screening in Frontier Primary School. All pupils will be having their annual health screening **between Monday, 27 February and Thursday, 9 March 2017.**

Only P1 and P5 pupils' health booklets will be collected by their teachers. These will be duly returned after the health screening.

Parents may refer to this url to get more information about the annual health screening:
<http://www.hpb.gov.sg/HOPPortal/programmes-article/632>

At A Glance

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Do you have any feedback or ideas for iN Touch?

Do let us know on our website at <http://www.frontierpri.moe.edu.sg/our-stakeholders/iN-Touch-feedback-form>

You can also view our past issues at <http://www.frontierpri.moe.edu.sg/our-stakeholders/iN-Touchfrontier>



ANNOUNCEMENTS

Application Open for Overseas Trip to Hong Kong

This year, Frontier Primary will be having our 2nd internationalisation programme. We are looking for thirty **P4 & P5 pupils** who will serve as good ambassadors of the school and Singapore.

The objectives of this overseas trip are to:

- Provide opportunities for pupils to be exposed to a different educational system as they visit Hong Kong schools.
- Provide opportunities for pupils to be immersed in a different culture other than their own.
- Provide opportunities for pupils to learn about environment issues in Hong Kong.

The pupils to be selected have to portray the school vision of being *Confident Thinkers, Adaptable Individuals and Passionate Leaders*. They would have to display the school values of *Responsibility, Respect, Resilience, Innovation, Care and Confidence* as well.

There will be 2 rounds to the selection process:

Round 1: Applicants are to have a write-up about themselves through the form '*Application Form for Pupils' Overseas Trip (HK) 2017*'. The hardcopy of the application form can be collected from the General Office while the soft copy can be downloaded from the school website from 27 February 2017. **The application form must be submitted to General Office no later than 9 March 2017. Late submissions will not be considered.**

Round 2: Shortlisted applicants will be notified to go through a panel interview **by early April 2017.**

The tentative dates of the trip are from **23 May to 26 May 2017**. Pupils selected would be expected to pay about \$300 depending on the final cost of the trip. Further subsidy would be available for Financial Assistance Scheme (FAS) pupils. The final list of pupils who are selected for the trip would be notified by mid-April 2017.



ANNOUNCEMENTS

Donation Drive for Young Entrepreneur Programme

A selected group of 30 Primary 4 Frontierers will be undergoing a Young Entrepreneur Programme in March. As part of this programme, they will be trained and involved in setting up booths in the **annual Kidz Flea event in Sentosa** during the March holidays. Items to be sold at the booths are to be either pre-loved or handmade. Proceeds from the sale of the items will go to the *Autism Association of Singapore*.

We would like to invite all Frontierers to be involved in donating the following types of pre-loved items for sale at the booths. All items donated should be in good condition with all pieces such as tokens and cards, intact with the set. Please do not donate torn, stained or incomplete items for the sale.

Pre-loved items to be donated could be:

- Board games
- Cards games
- Soft toys
- Bags
- Bracelets and chains
- Story books
- Bookmarks
- Action figures

Boxes will be placed outside the General Office for collection of these donated items **from now till Fri, 3 March 2017**. Pupils can drop the items off at the start of the day so that they need not bring them along with them to their classes.

Unsold items will be either retained by the school or donated to the Salvation Army Singapore. Join us in this meaningful effort to develop our young entrepreneurs while being advocates for the 4Rs (Reduce, Reuse, Recycle & Recover).



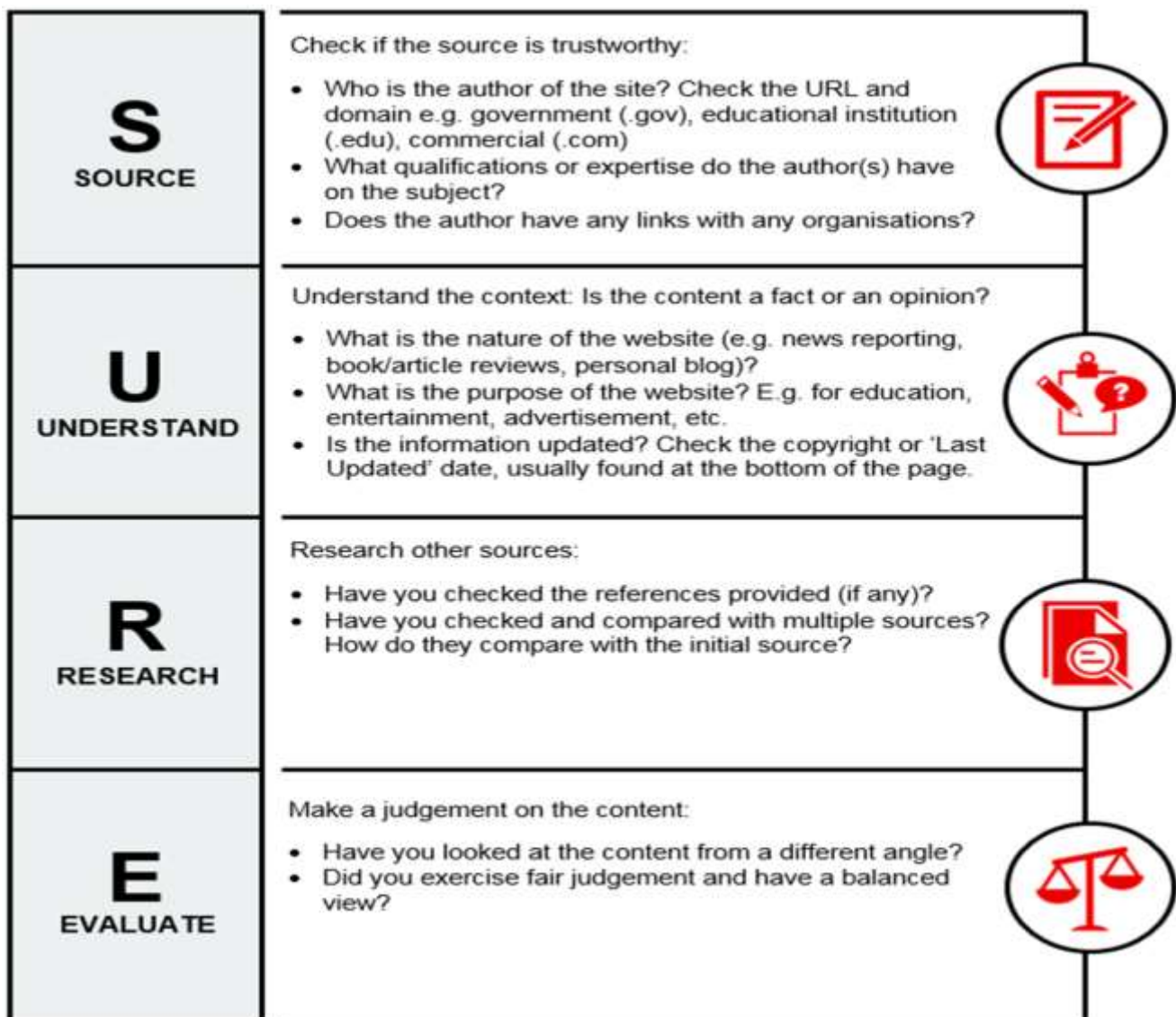


ICT Matters

ICT Matters - S.U.R.E. Steps

We live in an age where there is more information than ever before. Helping your child with their school research project can be a challenge unless you know how to locate and navigate credible and authoritative sources of information. Information Literacy is knowing how to find, evaluate and use information effectively and responsibly.

How do you assess the information you find online? You can use the four simple S.U.R.E. steps from the [National Library Board, Singapore](#):





ACCOLADE

Red Cross Youth Unit Excellent Award

Our Red Cross links has done us proud again this year! We have achieved the **Gold Award for the Red Cross Youth Unit Excellent Award (EUA) for the year of assessment 2016.**

This is a significant achievement from the *Bronze Award* which we received for the year of assessment in 2015. The award will be presented to us during the World Red Cross Day Celebration cum 65th Anniversary which will be held at the Sports Hub on the 25th March 2017. Well done to our Red Cross links!



LOOKING BACK

Back to Frontier & Chinese New Year

The school year has started with a bang with many fun and exciting activities planned for our Frontierers. The pupils had an enriching experience together with their peers in the various **Back to Frontier programmes** at the start of the year. This month, we will be featuring in our blog what our P6 Frontierers, as well as our most junior members in the school, our P1 Frontierers, did during the Back to Frontier programme.

We will also be featuring a special festive Chinese New Year celebration edition where we will be sharing with you the colourful celebration we had in Frontier this year.

Do visit our blog at <http://blog.frontierpri.net> to see our pupils in action.



Raising a Compassionate Child

17 FEB 2017

"Parents teach their children how to care by giving it themselves"

As parents, now more than ever, we know that it is important to raise and nurture our children with empathy, respect and compassion for others. These are wonderful attributes that will shape our child.

However, nurturing these values in our children, of course, is not a walk in the park or attributes you could pick up from assessment books. So, how can we as parents do our part to instil these values of compassion in our children effectively?



Compassion is caught, not taught.

We can 'teach' our children an infinite number of ways to share and show compassion to others. Our children mimic the behaviour they see and grow up with. If we do not exhibit such behaviour, it is almost impossible to expect them to do the same.

Children look up to parents as their primary role models and moral compass, so it is essential that we keep check of the way we are to others. So the next time we are interacting with our parents, children, friends, relatives or even the 'auntie' serving you at Mcdonalds, be mindful of how we care for others.

We can teach our children about the value of care all we want, but if we don't walk the talk, they will not be able to 'catch' it.

Start at home!

Start caring for people at home – your spouse, parents, children, helper etc. Ask them about their day, show that you care for their needs, and remember to be kind despite their mistakes. Making mistakes is part of life and what is important is how we learn from them. Use them as an opportunities to teach and learn together with our child.

Teach them how to appreciate little things, and get them to speak an encouraging word to each family member every day. It doesn't have to be long, but if they do it frequently, it will help to change their perspective. A little bit of effort a day, goes a long way!

Take action together!

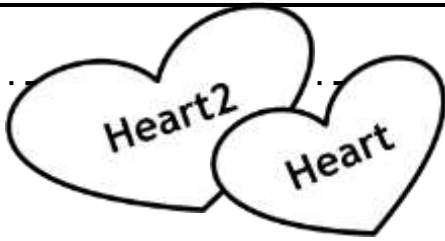
We are all constantly pressed for time, but it will definitely help if we take time to slow down and do something together with the children. Whether it is to volunteer at an organisation, visiting the grandparents or an elderly relative, get them involved and remind them how we all co-exist harmoniously.

'Actions speak louder than words', so show them the spirit of kindness and generosity and take action as a family!

Be reflective

How we talk on daily basis about our day, siblings, parents, relatives and friends tells our children a lot. If they hear us say something negative about our parents, they will learn that it is okay to speak like that. In your pursuit to nurture a compassionate child, be reflective not only to them but to yourself too. If you are unhappy about something they have done, verbalise your thoughts rationally and explain the consequences to your child. They will benefit from understanding and learning from their mistakes. .

There is much joy in nurturing and seeing your child grow up to be a fine young man and lady, so take every opportunity to grow together as a compassionate family!



On the 15th February every year, we commemorate Total Defence Day as a nation to remember the fall of Singapore to the Japanese in 1942. As Singaporeans, we remind ourselves of the role we can play in our nation's defence. At the home front, here is what you can do with your child in helping him learn the importance of his role.

Military Defence "Keeping Singapore secure"

We need a strong Military Defence to defend ourselves when attacked or to deter foreign intervention and prevent ourselves from being attacked. The Singapore Armed Forces (SAF) is a conscript armed force, depending on not only its Regulars but also the commitment of its National Servicemen with the support of their families and employers. To remain operationally ready, our servicemen keep fit, train seriously and keep abreast of the latest military doctrines and equipment.

How can you put Military Defence into action?

- Our soldiers, sailors and airmen do so by keeping fit, taking their training seriously, and staying operationally ready.
- By being supportive of those who are doing their National Service or in-camp training (ICT), the public can encourage our National Servicemen and boost their morale.
- Women can also contribute directly to Military Defence by joining the SAF, or serving with the SAF Volunteer Corps.

Civil Defence "Taking care of our family, friends, and people around us in times of crisis"

During times of crisis or disaster, resources will be strained and we will need everyone to pitch in. If we know what to do, we can save ourselves and our loved ones, help others and ensure that life goes on as normally as possible. Learning what to do in an emergency before it happens - such as taking part in emergency exercises and attending first-aid and emergency preparedness programmes that the Singapore Civil Defence Force conducts - helps us respond more effectively in times of crisis.

The threat of global terrorism is real and security personnel cannot be everywhere all the time. Singaporeans can do our part to keep Singapore well protected by helping to look out for and reporting anything suspicious.

How can you put Civil Defence into action?

- Read up on what to do in an emergency, and participate actively in Civil Defence exercises, be it water/food rationing or community emergency preparedness exercises.
- Pick up life-saving skills such as first aid, CPR, AED, or fire-fighting.
- By being vigilant and looking out for suspicious persons or activities.

Let's make Total Defence a part of our daily lives!