

FPS/2020/0086

7 February 2020

Dear Parents/Guardian

MOE SEXUALITY EDUCATION IN SCHOOLS - THE GROWING YEARS PROGRAMME FOR PRIMARY 5 AND 6

Sexuality Education (SEd) in schools is about enabling students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

The goals of Sexuality Education are:

- (i) To help students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
- (iii) Make responsible decisions for yourself, your family and society; and
- (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

Please visit the school's Sexuality Education webpage (<https://frontierpri.moe.edu.sg/letters-and-forms/>) for more information on Frontier Primary School's Sexuality Education Programme for 2020.

Frontier will retain the discretion to amend the schedule when the need arises. All changes will be reflected on the school's webpage for your reference.

All Frontiers are strongly encouraged to attend all Growing Years programme sessions conducted. However, parents may opt their children out of the Growing Years programme. Parents who wish to opt their children out of the **Growing Years (GY) programme** need to complete an opt-out form which can be obtained online from the abovementioned webpage. A hardcopy of the opt-out form, duly completed and signed, is to be submitted to your child's form teacher by **Friday, 14 February 2020**.

Parents can contact the school at all_frontier_pri@moe.edu.sg, 6578 9555 or Mdm Nusraat nusraat_begum_akbar_ali@moe.edu.sg 6578 9555 ext. 244, for a further discussion.

Thank you.

Yours sincerely,

Mrs Tonnine Chua
Principal



Annex A

[Parent Opt-out Form –This section is applicable only if parents wish to opt their child out of the Growing Years programme.]

To : Mrs Tonnine Chua
Frontier Primary School

Dear Principal

THE GROWING YEARS PROGRAMME FOR YEAR 2020

I would like to withdraw my child, _____, of
(full name of child)
_____ from the *Growing Years* programme for 2020.
(class of child)

My reason(s) for my decision to opt my child out of the programme:

- Religious reasons
- My child is too young.
- I would like to personally educate my child on sexuality matters.
- I do not think it is important for my child to attend Sexuality Education lessons.
- I have previously taught my child the topics in the GY Programme for this year.
- I am not comfortable with the topics covered in the GY Programme for this year.
- Others: _____

Thank you.

Parent's Name & Signature

Contact No. (mobile)

Email address (optional)