KINDERGARTEN CARE



Discover







Explore



KINDERGARTEN CARE (KCARE)

KCare is provided to parents who require a full-day service for their child.

KCare provides care services, and time and space for children to play, explore and discover through specially designed environments with carefully chosen resources.



KCare aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.

KEY FEATURES

Exploration and discovery through play

Importance of play

Specially designed environment and carefully chosen resources

Importance of environment

Children's choice serves as the impetus within the created environment

Benefits of child-initiated play

Large blocks of time for indoor and outdoor play

Importance of continuous periods of time for play (e.g. 1 hour)

Opportunities for mixed-age play

Benefits of mixed-age play and interaction (K1 and K2)

PROGRAMME

Modular Activities provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering immersive environments that excite them to explore and discover through play, children get to engage in deeper and more complex forms of play.

Modular Activities	Purpose
Art & Craft Tinkering	For children to imagine and create
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor)	For children to find out more about the world around them through
Sand & Water (outdoor)	varied sensory experiences

The KCare Experience

Modular Activities











The KCare Experience

Modular Activities (Outdoor)



Gardening (Outdoor)



Sand & Water (Outdoor)

PROGRAMME

Free Play provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and time is provided for children to be engaged in reading daily.

Indoor Free Play

Outdoor Free Play

Construction and Manipulative Free Play

Dramatic Free Play Outdoor Free Play Sand and Water Free Play









Dedicated Reading Time

Drop Off and Pick Up Points

- Check in / out by scanning QR Code using Little Family Room app.
- QR code will be sent to you via the app. Please print out a hardcopy and attach it to your child's bag for your convenience when scanning.

 Please note that Littlelives QR scanner needs to be scanned from a hardcopy.







Arrival and Dismissal Timings

Please <u>do not</u> send or pick up your child from KCare during the following 'black-out period' as these are peak periods when children are arriving and being dismissed from MK:

Black-out periods (strictly no receiving or dismissing of children)		
7:45am - 8:15am		
11:45am – 12:15pm		
12:45pm - 1:15pm		
4:45pm - 5:15pm		

Please follow the timings for arrival and dismissal of your child.

Arrival	Fixed Dismissal timings
7:00-7:45am	5:15pm
8:15am onwards	5:30pm
	6:00pm
	6:30pm
	6:45pm

We seek your kind understanding and patience as the first few weeks of dismissal will take slightly longer as the children are learning to get used to the transitions.

Health Check Areas





*Parents/Caregivers should leave only after health check is cleared.

Homerooms









Homerooms



Indoor Environment – Activity Rooms



Art and Craft Room



Cookery Room

KCare Environment & Resources

Outdoor Environment

Sand & Water Play Area





Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them

Outdoor Play Area



Sensory Garden



A TYPICAL DAY

Sample Timetable (AM KCare) (PM MK)

Time	Activity		
0700 - 0800	Arrival and Health Check		
0800 - 0830	Breakfast		
0830 - 0930	Modular Activities/ Outdoor Free Play		
0930 - 1030	Modular Activities/ Indoor Free Play		
1030 - 1100	Shower		
1100 - 1300	Rest/Nap, Lunch		
1300 - 1700	MOE Kindergarten		
1700 - 1900	Indoor/Outdoor Free Play Quiet Time and Dismissal		

A TYPICAL DAY

Sample Timetable (PM KCare) (AM MK)

Time	Activity		
0700 - 0800	Arrival and Health Check (include transition time to MK)		
0800 - 1200	MOE Kindergarten		
1200 - 1230	Arrival and Health Check		
1230 - 1500	Lunch, Shower, Rest/Nap		
1500 – 1530	Afternoon Tea		
1530 – 1630	Modular Activities/ Indoor Free Play		
1630 – 1730	Modular Activities/ Outdoor Free Play		
1730 - 1900	Indoor/Outdoor Free Play Quiet Time and Dismissal		

HOLIDAY PROGRAMME

Sample Timetable

Time	Activity	
7.00am - 8.30am	Arrival and Health Check, Free Choice Activities	
8.30am - 9.00am	Breakfast	
9.00am - 11.00pm	Holiday Activities / Modular Activities Current Issue / Story telling / Indoor or Outdoor Free Play (including 15 mins of dedicated reading time)	
11.00pm - 1.00pm	Group 1: Lunch; Group 2: Shower (Swap the groups)	
1.00pm - 3.00pm	Quiet Time (including nap)	
3.00pm - 3.30pm	Afternoon Snack	
3.30pm - 5.00pm	Holiday Activities / Modular Activities Indoor and / or Outdoor Free Play	
5.00pm - 7.00pm	Indoor and Outdoor Free Play / Dismissal	

SNACK MENU



Weeks /Days	1	2	3	4	5
Monday	Cereal with milk	Cereal with milk	Cereal with milk	Cereal with milk	Cereal with milk
Tuesday	Whole meal bread with blueberry jam	Whole meal bread with strawberry jam	Whole meal bread with blueberry jam	Whole meal bread with strawberry jam	Whole meal bread with blueberry jam
Wednesday	Banana cake	Butter bun	Cream bun	Mini muffin	Banana cake
Thursday	Cream crackers	Cheese cake	Cream crackers	Butter bun	Cream crackers
Friday	Swiss roll	Pandan blueberry bun	Swiss roll	Pandan blueberry bun	Swiss roll

SAMPLE MEALS MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Steamed Rice	Spaghetti in Cream Sauce	White Mee Hoon	Macaroni in Soup	Stir Fried Thick Mee Hoon
Chicken Char Siew	Minced Chicken	Steamed Siew Mai	Chicken Fillet	Black Sauce Fish
Vermicelli Long Cabbage	Button Mushroom and Carrot	Cabbage in Superior Sauce	Stir Fried Spinach	Cabbage with Mushroom
Carrot Soup	Cabbage Soup	Corn Soup	Chicken Soup with Tofu	Chinese Cabbage Soup
Apple	Banana	Pear	Honey Dew	Watermelon

SUGGESTED PACKING LIST

Suggested Daily Packing List

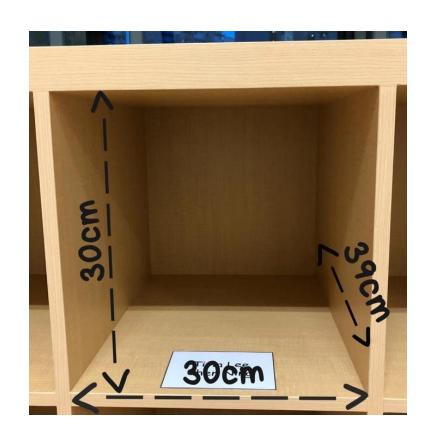
- 1. One set of MK uniform to change into every day
- 2. A plastic bag to store wet or dirty clothes
- 3. Towel
- 4. Hair accessories for girls (e.g. comb and rubber band)
- 5. 2 extra masks for changing
- 6. 2 zip lock bags for keeping masks

In addition:

- 1. Toothbrush, toothpaste and mug (optional)
- 2. A pair of slippers to be stored in KCare Centre (for water play)

Please ensure all items are <u>labelled with your child's name</u>.

CUBBY HOLE AND COT SIZE





KCARE COVID-SAFE MANAGEMENT MEASURES

In view of covid-19 situation, please note the following information:

- Limited showering sessions (based on special requests, medical conditions, after outdoor activities).
- Children should bring a small towel to wipe their face/body before changing to new set of uniform
- Sand and Water Play is suspended till further notice.
- Limited to 4 children in a group.
- Meals are served in individual bento boxes till further notice.
- All children are to put on their masks except during meal time, nap time and outdoor activities.
- Temperature taking (3 times daily)
- Cots, toys and high touch surfaces are sanitised daily.
- Suspension of cross-class activities

AUTHORISATION PASS

- The pass need to be shown to KCare staff at all times when picking up your child.
- Kindly note we do not recognize faces for verification as we have rotating staff to do dismissal.
- Without the pass, we reserve the right not to release the child to non-authorised caregivers.
- NRIC is needed for verification if you have not receive the authorisation pass from MK.
- The authorised age to pick up your child have to be age 18 and above.

 Authorisation Pass
- Please inform us early in writing through Littlelives or school whatsapp if you are unable to pick up your child.
- For urgent matters, please call our school direct.

SCHEDULE FOR FIRST 2 DAYS

For K1 Children Enrolled in MK in the Morning:

Time	Venue
8.00 to 9.30am	MK
9.30 to 11.00am	KCare

For K1 Children Enrolled in MK in the Afternoon:

Time	Venue
1.00 to 2.30pm	MK
2.30 to 4.00pm	KCare



MK and KCare Schedule for K2 children remains unchanged

KCARE FEE

Monthly fee for KCare in 2021

Singapore Citizen	Singapore Permanent Resident
\$235.20 (Fee after \$150 basic subsidy)	\$385.20

KCARE FEE - SUBSIDIES TIER

Subsidies are provided by MOE in 2 tiers:

- Basic subsidy: All SC children are eligible for and automatically given a Basic Subsidy of \$150 per month.
- Additional Subsidy: Tiered according to income for SC children provided they meet the following criteria:
 - a) The mother/ single father of the SC child is working 56 hrs or more per month; and
 - b) The family's total monthly HHI is no higher than \$12,000 or the PCI is no higher than \$3,000. Note that MOE will take reference from the approved ECDA KIFAS for this assessment.

Note: The child must attend at least 1 day of KCare to qualify for the monthly subsidies (for every month).

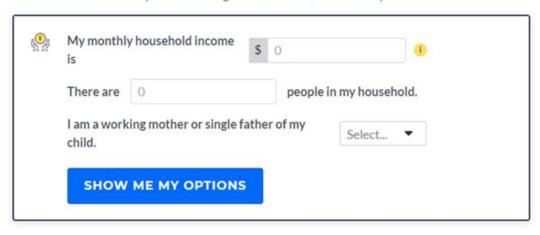
KCARE SUBSIDY ELIGIBILITY CHECKER

 You may use the KCare Eligibility Calculator on the MOE Internet to check whether your child is eligible for the additional KCare subsidy:

https://beta.moe.gov.sg/preschool/moekindergarten/kindergarten-care/

KCare subsidy eligibility checker (applicable for SC child only)

An additional subsidy is also provided and this is tiered according to income levels. Enter the details to check whether your child is eligible for the additional subsidy:





REGISTRATION FOR KCARE

1) Confirm your child's place by making the following payment:

Item	Permanent Resident	Singapore Citizen child	
Registration Fee	\$53.50	\$53.50	
Deposit	\$385.20	\$235.20 (after basic subsidy)	
First Month Fee	\$385.20	\$235.20 (after basic subsidy)	
Total	\$823.90	\$523.90	

You can transfer the fees to us through:

Internet Banking (OCBC A/C No: 712-312503-001)

PayNow



Remember to key in your child's name and level under Reference. E.g. "John Tan Xiao Ming K1"

REGISTRATION FOR KCARE

- 2) Complete and submit the KCare GIRO form on Admin Day. Child Development Account (CDA) account can be used.
- 3) If you would like to apply for Additional Subsidy, please complete and submit the application form on Admin Day.

COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: KCFT@rafflesstudentcare.com

Phone number: 6251 4059 (office hours)

Whatsapp/SMS: 8774 8134 (office hours)

All registered KCare children will be issued a LittleLives account for direct communication between parents and centre staff.

Download "Little Lives Family Room" app.

THANK YOU!

