

Appreciation to pupils and parents

School address:
20 Jurong West Street 61
Singapore 648200

Phone:
65789555

E-mail:
frontier_ps@moe.edu.sg

We sincerely thank all pupils and parents for the generous support for the school's annual fund raising project, Staff Car Rally Challenge cum Fund Raising project. The total amount of donation collected was \$14,455.50 (accurate as of 28 March 2012). The fund raised will be used to support our needy pupils and to support school improvement projects (if necessary).

April 2012



"The Class eLF Investiture closed with a recitation of the Class eLF Pledge as they pledged to serve, care and lead their classes and classmates."

eLF Investitures

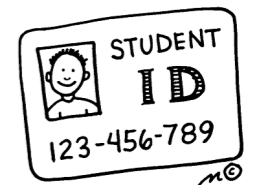
The school held eLF Investitures for our Class eLF and Student eLF on 27 March and 3 April respectively. They were meaningful and memorable events for the student-leaders as well as the rest of the student population.

In the presence of classmates and Form/MT teachers, 150 Class eLFs placed their thumb-prints on the contracts and received a coloured wristband each, differentiated based on the roles they have been assigned. Some eLFs wore two different coloured wristbands as they were assigned different roles in their Form Class and Mother Tongue Class. The Class eLF Investiture closed with a recitation of the Class eLF Pledge as they pledged to serve, care and lead their classes and classmates.

Officiated by the Principal and the Vice Principal, 38 Student eLFs were appointed officially on 3 April. The Student eLF Investiture ended with a recitation of the Student eLF Pledge as they pledge to serve, care and lead the school and the Frontiers.

All eLFs are aware that the wristbands and lanyards symbolize the leadership, authority and responsibility entrusted to them. They are to wear them at all times and to perform their duties with pride and diligence.

More details of both investitures will be uploaded on the P1 Blog.



School Smart Card

The school has issued the School Smart Card to the pupils on Monday, 2nd April 2012. Pupils are reminded to keep their cards properly as a report has to be made to the Transitlink office for any lost cards

Acknowledgement of *In-Touch@Frontier* April 2012

I, parent of _____ of Primary _____, acknowledge receipt and have noted the contents in this April issue of *In-Touch@Frontier*.

Name of Parent: _____

Signature and Date _____



Violin Enrichment Programme

In Frontier, we want to cultivate in our pupils a love and an appreciation for the aesthetics. We also want to build perseverance, patience and graciousness by exposing them to and engaging them in a more varied musical experience. We started our Violin Enrichment programme on 3 April. Two classes of 12 pupils each, will be conducted every Tuesday from 2pm to 4pm.



International Friendship Day

International Friendship Day which falls on 13 April this year is a day dedicated to the understanding of Singapore's relations with neighbouring countries and beyond. The theme for the International Friendship Day 2012 is "Singapore in the World".

International Friendship Day is a good opportunity to help our pupils learn about and appreciate other cultures. It is also necessary to encourage our pupils to engage with our new citizens as well as the many non-Singaporeans who have chosen to make Singapore their home as they bring with them different perspectives, vibrant cultures and exciting ideas which will enrich our lives.

In Frontier, our focus for this year would be on the continent 'Asia'; mainly focusing on the three countries – Thailand, Japan and India. We would be celebrating International Friendship Day with activities throughout the week starting with that Monday's morning assembly on 09 April. In addition, the pupils would be having Social Studies, Physical Education, Art and Music lessons related to learning more about Thailand, Japan and India. To conclude that week's activities, there would be a skit on 'The Little Prince' by D'rama Arts Ltd in a special assembly programme on that Friday as well as a specially catered meal which will comprise of Asian delights during the pupils' recesses. **All pupils will need to pay \$2 for the meal and the amount will be collected at a later date through a mass collection.**

Other than the continent 'Asia', we would also be covering the continent 'Australia' through a school visit from the **Australian Pacific Hills Christian School (PHCS)**.



Eye Care For Your Child

As parents, you may be able to help delay the onset and progression of myopia (shortsightedness) in your children. Get your children to take regular vision breaks and limit the duration of continuous near work they do. Encourage them to have good eye care habits all the time at home, at school or at any place!

The following are good eye care tips for your child.

- 1 Reduce time spent in near work . Reduce time spent on playing games in hand-held electronic devices, or handphone games and other computer-related activities such as blogging and internet chats.
- 2 Encourage your child to take a break after 30-40 minutes of near work such as reading or writing. Your child should look at distant objects for 3 to 5 minutes. They could look out of the window into the distance.
- 3 Increase time spent on outdoor activities every day . Increase time spent on outdoor activities like ball games, walks in the park or a family picnic at the beach, etc as there is emerging evidence that outdoor activities may delay the onset or progression of myopia in your child.
- 4 Outdoor activities should not include reading or playing hand-held games outdoors. Instead, encourage your child to engage in fun activities that involve body movements to increase physical fitness.
- 5 Encourage other healthy eye care habits
 - Ensure there is adequate lighting in the room.
 - When reading, hold the book about 30 cm away from the eyes.
 - Make sure when using the computer, the monitor screen is about 50 cm away from the eyes.
 - Sit at a distance away from the TV that is appropriate to its size.
- 6 Ensure a healthy lifestyle
 - Eat a balanced diet.
 - Have at least eight hours of sleep each night to rest the eyes.
 - Instead of just playing computer games, participate in outdoor games as well.

International Cultural Exchange Programme

In our efforts to expose our pupils to the global community, 26 students and 5 teachers from Pacific Hills Christian School, Sydney, Australia will be our guests this April. There will be an exchange of cultural experiences through an assembly programme where students from PHCS will share with our Frontiers information on their school and glimpses of their 'Aussie Culture'. There will also be a 'Classroom Experience' segment whereby our pupils will go through a hands-on session on Aboriginal Art together with their Australian friends. On 19 April, students and teachers from PHCS will join our Frontiers on their learning journey to the Singapore Zoological Gardens for their 'Singapore Experience' with us.

Upcoming School Events

Date	Activity/Programme	Remarks
30 March 2012	MOE ExCEL Fest	Please refer to the previous issue of <i>in-Touch</i>
3 April 2012	School eLF Investiture	
6 April 2012	Good Friday	Public Holiday.
9 April 2012	Internationalisation Programme: Visit from Pacific Hills Christian School, Sydney, Australia	
13 April 2012	International Friendship Day	
19 April 2012	Learning Journey to the Zoo	
1 May 2012	Labour Day	Public Holiday.
5 May 2012	Vesak Day	Public Holiday.
7 May 2012	School Holiday (in lieu of Vesak Day)	School Holiday
23 May 2012	Sports Day (am) Open House	Last day of school for pupils More details will be given in due time.
24 May 2012	Meet-the-Parents Session	Pupils need not come to school. More details will be given in due time.
25 May 2012	Staff Car Rally Challenge cum Fund Raising Project	Pupils need not come to school.